



Mornington Soccer Club Player Welfare Policy

The Player Welfare Policy covers any off-field support or assistance that players may need from time to time. Mornington Soccer Club (MSC) is committed to looking after its players; both on the field and off the field. Life can have its ups and downs. If you would like some assistance, we will do the best we can to support you. The aim of the Player Welfare Policy is to:

- Assist players with anything for which they would like some assistance or support
- Provide a supportive and confidential environment for any individual player to discuss any issues.

Through the player welfare policy, players can raise any issues including but not limited to:

- Employment and education
- Drugs and alcohol
- Anxiety and depression
- Housing
- Gambling
- Financial matters
- Injury Management
- Personal relationships

At any point a player may contact the MSC Welfare Representative for review and they can also give feedback on how MSC have fared in relation to their issue.

When a player is injured, they are encouraged to contact their coach/team manager in the first instance, then if required, the MSC Welfare Representative, who will offer any and all resources the Club has on offer to help with the player getting fit and back to playing as soon as practicable.

There are two ways you can access the support available. You can either:

Contact any of our Player Welfare representatives. They will discuss your issue with you and/or, if you want, put you in touch with professional support. They will also respect your privacy and confidentiality. Details are:

- MSC Welfare representative Nick Townsend
- Committee Any Committee person
- Coach Your team Coach
- Playing Group A Leadership Group player

You may also wish to contact one of the Help Lines listed here:

Anxiety & depression: Beyond Blue: www.beyondblue.org.au PH 1300 22 4636 24/7

Drug & Alcohol: Direct Line: www.turningpoint.org.au PH 1800 888 236 24/7

Gambling: GHO: www.gamblinghelponline.org.au PH1800 858 858 24/7

Personal relationships: Life Line: www.lifelinemelb.com.au PH 13 1114 24/7